

Please Note: At least 3 people must be enrolled in a class by the 3rd week of session or the class will be cancelled.

SUMMER SESSION 2010

June 21st through August 28th

PROGRAM	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Cardio Kickboxing					10:05am Michele	9:05am Michele
Cycling	8:15am Lisa M		8:15am Lisa C 6:35pm Marnie	9:05am Kim		9:05am
Cardio/Muscle Circuit			9:05am Lisa C.			
Muscle Conditioning	9:05am Lisa C				9:05am Michele	
Yoga		9:05am Paula				
Zumba	7:00pm					

PRICES BASED UPON 10 WEEK SESSION

- 1 Class per week: **\$35.00** (10 classes - \$3.50 per class)
- 2 Classes per week: **\$60.00** (20 classes - \$3.00 per class)
- 3 Classes per week: **\$75.00** (30 classes - \$2.50 per class)

ZUMBA: \$65.00 (10 weeks)

If you would like to see a class added to the schedule come by the front desk and put in your request, it only takes you and 3 other friends to make it happen!

