

Prep Opt Summer Practice Schedule
(June 28th-August27th)

Prep Rookie *6 Hours a week or 9 hours a week*

Monday 9-12

Tuesday 1-4

Wednesday 9-12

Prep Novice *6 Hours a week or 9 hours a week*

Tuesday 9-12

Wednesday 1-4

Thursday 9-12

Prep Intermediate/Advanced *9 hours a week or 12 hours a week*

Monday 4-7

Tuesday 4-7

Wednesday 4-7 Advanced

Thursday 4-7 Inter.

Friday 9-12