

GYM STREET USA



CELEBRATING OUR 10th YEAR of Gymnastics Fun and Fitness

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The Souza family along with the coaches and staff would like to welcome you to **GymStreet USA** for another exciting year of family fun and fitness.

At the beginning of each Session **GymStreet USA** will provide the parents with an information sheet full of valuable information regarding your child's session!

We attribute our success to listening to our member's feedback. We strive to schedule your child in the class that will give them the best learning environment. Every child is unique and desires a different experience from gymnastics. For some, it is exercise and social environment, while for others; it may be striving for team competition. Please feel free to come to us at any time with your feedback, we love to hear from you with any questions, concerns or compliments, together we can make sure your child is getting the most out of their gymnastic experience ☺

The Session dates for the 2017-2018 year

SESSION 1	September 8	to	November 9, 2017
SESSION 2	November 10	to	January 25, 2018
SESSION 3	January 26	to	April 5, 2018
SESSION 4	April 6	to	June 14, 2018

GYMNASTICS

We would like to remind our members that gymnastics is learned through muscle memory; the constant repetition of the basic skills such as handstands is a crucial part of the sport.

Perfection before Progression!

During each class the coach will focus on a "skill of the week" for each apparatus. Stations are set up so there is minimal down time; we want to make sure your children are occupied during the entire class.

In order for your child to not miss anything fun during class please have them use the restroom prior to the start of class.

HOLIDAYS

Columbus Day Monday, October 9, 2017

All Classes Will Be Held

Thanksgiving Break

NO Classes November 23-25, 2017

Red Carpet Meet

NO Classes - Dec 9, 2017

Winter Break

NO Classes Dec 25 - Jan 3, 2018

February Vacation Week

NO Classes Feb 19-24, 2018

April Vacation Week

NO Classes April 17-21, 2017

Memorial Day - May 28th

NO Classes - Rescheduled to June 18th

TAEKWONDO

DragonHeart Taekwondo is taught by Master Hung, a 5th degree black belt! He has been practicing Taekwondo for 17 years and instructing for 11 years!

FREE Gi upon
Registration.
Ages 4 to Adult



ELEVATION AERIAL & CIRCUS ART CLASSES

Check out Miss Gina's schedule on-line or at the Front Desk she's added some new exciting classes for Kids and Adults beginners to advanced!

The Circus program ends with a circus show recital opportunity for all students in the spring.

NEW LEAGUE PROGRAM!

Have you ever tried out for any sports leagues? How about trying a NEW kind of League.....Gymnastics!

This in-house program offers a fun way to experience gymnastic competition without the expense and time commitment

For more information regarding our League check our website:
www.gymstreetleague.com

OPEN TUMBLE

Open Tumble is a walk-in instructional class. This class is a great opportunity to work new floor skills and perfect old ones – AGES 7 & Up

Saturday's 12:00-1:30pm

\$30 per Student

FITNESS ROOM

We have a great fitness room available to you while your child is in class equipped with treadmills, weights, elliptical, thigh machine, and universal machine. \$5 per use or \$35 for the 9 week session.

MOVIE NIGHT

5:30-9:00pm

Movie Night is a fun filled night for kids ages 4-11. Your child will enjoy 3 1/2 hours of gym games, inflatable time, and of course, a movie!

Pizza, Drink, and Popcorn are provided. Advanced registration is required



Members pay \$27.00 Siblings pay \$22.00
Non Members pay \$32.00

Visit our website or Information Island for movie night dates and titles.

Registrations not made 24hrs in advance is an additional \$10 per child.

VACATION DAY PROGRAM

Our Summer vacation day program was a great success. The kids had so much fun, with theme days and activities to keep them entertained all day.

We offer our day programs throughout the year during school vacation weeks!

Winter Break December 26-29, 2017
February Vacation Week February 19-24, 2018
April Vacation Week April 16-21, 2018

- Half, Full or Extended day available
- 7:30am-5:30pm, you choose your hours
- Ages 4 to 11

Activities include *Bounce house, gymnastic class, crafts, parachute, foam pit, tumble trak, obstacle course, games, dance party, Taekwondo Tuesday, sport games and much more.*

Members receive 10% discount (deadline dates apply)

BIRTHDAY PARTIES

School is back and so are the busy schedules. So if you're planning a birthday party, why not let us take care of it... **GymStreet** style.

Each birthday party includes the following:

- ★ GymStreet party supervisor
- ★ Private party room
- ★ Viewing area for parents
- ★ Printable invitations with waiver
- ★ Plates, cups, napkins, utensils
- ★ GymStreet t-shirt for the birthday child

We take care of all the setup, serving, and clean-up
All you need to bring is the cake, drinks, and guests,
We'll do the rest!

Hurry and book your birthday party now! Remember current members of **GymStreet USA** receive a 10% discount off the price of the party.

OPEN PLAY

Is an opportunity for your child to slide, jump, roll, climb, and play in our bounce houses.

Wednesdays 3:00-4:30pm
Thursdays 4:30-6:00pm



Members \$12 Non Members \$15
Suitable for ages 3-11

COMPETITIVE TEAM PROGRAM

Our Team had an amazing season this year! Here are just a few of highlights from the 2017 competition season!

States Qualifiers: Our Level 6 won 1st place; Level 8 & Gold won 2nd place; and Level 5 won 3rd place!

We also had three All Around Regional Champions, Two 1st place and One 2nd place. **AMAZING!**

Our competitive team is growing fast, if your child is interested in team email Charlie for an evaluation csouza@gymstreetusa.com.

We offer Junior Olympic and Xcel Levels for **Boys & Girls** .

ADULT FITNESS

GymStreet offers a variety of different fitness classes to get you up and moving.

For the complete schedule, class description and payment options go to gymstreetusa.com

Walk-in's are welcome \$10 - Purchase of a class card includes use of the Fitness room.

ADDITIONAL INFORMATION

Information Island: Find out about **GymStreet USA** and the programs we have to offer, as well as any special events.

Member Discounts: Your member fee is more than just a registrations fee, it entitles you the following discounts:

- 10% off Birthday Parties
- 10% Off Vacation Fun Days (deadline dates apply)
- Save \$5.00 on Movie Night
- Save \$3.00 on Open Play